

Durham Mental Health Day Municipality of Clarington



Together We Are Stronger®
Campaign



CARIONFENN

Founder, President & CEO

# CARION FOUNDATION

TV Show Host



- Board of Trustee
- Vice Chair, Board Quality Committee
- Co-Chair, Ajax Pickering
   Hospital Community Panel



## Thank you!

# ——City of —— PICKERING

#### **Proclamation Certificate**

Members of Council for The Corporation of the City of Pickering Hereby Proclaim

October 10, 2019

As

### Durham Mental Health Day

In the City of Pickering

Dated this 11th day of June 2019

Ourelyn

Dave Ryan Mayor, City of Pickering









CARION NEEDING FOUNDATION

## Thank you, Town of Ajax!

October 10, 2019 Durham Mental Health Day













## Thank you, Town of Whitby!

October 10, 2019

### Durham Mental Health Day



















### Thank you, Region of Durham!

October 10, 2019

### Durham Mental Health Day













### **Durham Mental Health Day** At Queens Park - May 7, 2020 Luncheon



MPP, Rod Phillips

Member of Provincial Parliament

**Room Bookings Ontario Legislative Assembly** May 29th, 2019 RE: Durham Mental Health Day

Dear Officer,

I am writing this letter to sponsor the Carion Fenn Foundation's Durham Mental Health Day at Queen's

They have requested the use of Queen's Park property. I am thrilled that the Durham Mental Health Day will be taking place and offer my full endorsement.

If you have any additional concerns, please reach out to my office.





Sponsored by Rod Phillips, Ajax MPP

# CARINTENN FOUNDATION



Billie Jane Bolton-Rojo Financial Professional



# CARINTENN FOUNDATION

### Communities we serve:

Town of Ajax, City of Pickering, City of Oshawa, City of Whitby, Durham Region Resident, City of Toronto, City Brampton, All Canadians with an International Reach





## **About CFF**

- Registered Charity
- Promote Health and Wellness
- Provide Support, Education and Resources
- Chronic Disease Management
- For the public and Patients
- For 7000+ conditions such Syringomyelia,
   Chiari Malformation, Mental Health, Arthritis,
   Cancer, Autism and Other Chronic or Rare
   Diseases.

### Durham Wellness Network

- Devoted Community Leaders
- Implementing programs to educate, support and provide resources in the Region of Durham.





## Our Vision for Mental Health

- Raise Awareness and provide information,
- Provide support and a platform for easy access to available tools and resources











### Mental Health and Mental Illness

### **Mental Health:**

 Our emotional, psychological and social well-being: how we feel, think and relate to others. It is not simply the absence of an illness.

### Good mental health:

- We can function to our best ability in society
- We can cope with stress
- · We have healthy and safe relationship
- We experience and mange all the range of emotions: sadness and anger, but also joy and excitement.

### **Poor Mental Health**

- When how we feel, think or relate to others interferes with our functioning fully in society.
- Mental illnesses are diagnosable and require adequate and specific treatment.
- These can be: Mood disorders (bipolar I or mild depression) and Anxiety disorders (GAD or Panic Disorder)

## 1 in 5 people will have a mental illness in their lifetime

• 4 in 5 people will not, but their mental health can deteriorate significantly without begin formally diagnosed:

- Children with an incarcerated parent have higher incidences of low academic achievement, substance addiction and mental illness.
- 20% of the 2SLGBTQI community report physical harassment/assault based on perceived gender identity or sexual orientation as compared to 10% of non-2SLGBTQI population

Source: Durham Region Health Department Website



### Children & Youth Mental Health

### Good mental health

- Having the ability to bounce back from challenges and move forward
- You play a role in helping your child learn to deal with life's stresses and bounce back from challenges

### Support your child's mental health

- Build trust
- Build their self-esteem
- Accept your teen for who they are
- Encourage them to see things from another person's point of view
- Let them play and exercise!
- Teach your child good ways to deal with their feelings
- Talk to your teen about substance use and how it can affect their physical and mental health
- Educate yourself and support your teen around on-line gambling / gaming

# CARINTENN FOUNDATION



Bianca Albanese

**Executive Vice President** 

Ajax, ON

# CARINATION FOUNDATION



Adopt A Park - Town of Ajax:





# **Our Programs:**







**Mental Health Forum & Symposium:** 





Community Events

# CARINTENN **FOUNDATION**

THIRD ANNUAL

### MENTAL **HEALTH F** RUM

THURSDAY, OCTOBER 10, 2019 5:00 PM - 8:30 PM

Join The Talk On Family Stressors

**SPEAKERS** AND **EXHIBITORS** 



FREE DOOR PRIZES & REFRESHMENTS

Carion Fenn Foundation in Partnership with Ajax Public Library and Lakeridge Health





















AJAX PUBLIC LIBRARY (MAIN BRANCH) ROTARY ROOM 55 Harwood Avenue South, Ajax, ON L1S 2H8 For more information, contact Carion Fenn Foundation 289-923-8170 smcm@carionfenn.org www.carionfenn.org

FREE EVENT OPEN TO THE PUBLIC. INVITE YOUR FAMILY & FRIENDS

#### Forum Speakers:



Jim VanDusen Chief Operating Officer New Roads Automotive Group & VanDusen Chevrolet Buick GMC Workplace Stress



Cordelia Clarke Julien Change Management Specialist Change Management



Rene Soetens Former Ajax MP & Rotary Club Director Impact of Addiction on Family (Fentanyl Opioid) (The Emily Soetens Story)



Erin Whitmarsh Patient Story Impact of Mental Health on family



**Family Stressors** 

#### Forum Exhibitors:

The Royal Canadian Legion Branch 322 Ajax, Ontario















# CARINTENN FOUNDATION







### How you can help:

- Support and engage mental health facilities and Programs.
- Provide spaces for mental health programs.
- Offer Funding: Grants and sponsorships.
- Enhance strategy to support programs and resources to address Gambling and Addictions
- Celebrate Mental Health Day
- Proclamation
- Flag Raisings

### CARI**®**N**FENN** FOUNDATION

Our partners, sponsors, exhibitors and supporters:

# Thank you!



















Kennedy's

The LAM Foundation































## Next Steps on Zone Clarington Discussion

Council Meeting Monday October 7, 2019

### Official Plan

06/10/2019

Planning Act. R.S.O. 1990, c. P.13

#### PART III OFFICIAL PLANS

#### Official plan

#### Contents of official plan

16 (1) An official plan shall contain,

- (a) goals, objectives and policies established primarily to manage and direct physical change and the effects on the social, economic, built and natural environment of the municipality or part of it, or an area that is without municipal organization;
- (a.1) such policies and measures as are practicable to ensure the adequate provision of affordable housing;
- (b) a description of the measures and procedures for informing and obtaining the views of the public in respect of,
  - (i) proposed amendments to the official plan or proposed revisions of the plan,
  - (ii) proposed zoning by-laws,
  - (iii) proposed plans of subdivision, and
  - (iv) proposed consents under section 53; and
- (c) such other matters as may be prescribed. 2015, c. 26, s. 17; 2017, c. 23, Sched. 3, s. 5 (1).

#### Same

(2) An official plan may contain,

- (a) a description of the measures and procedures proposed to attain the objectives of the plan;
- (b) a description of the measures and procedures for informing and obtaining the views of the public in respect of planning matters not mentioned in clause (1) (b); and
- (c) such other matters as may be prescribed. 2015, c. 26, s. 17.

# Hampton Ariel View

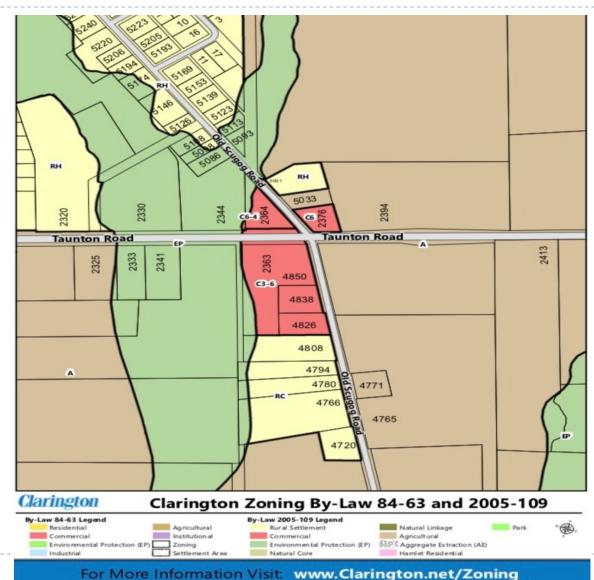


Aerial 2018

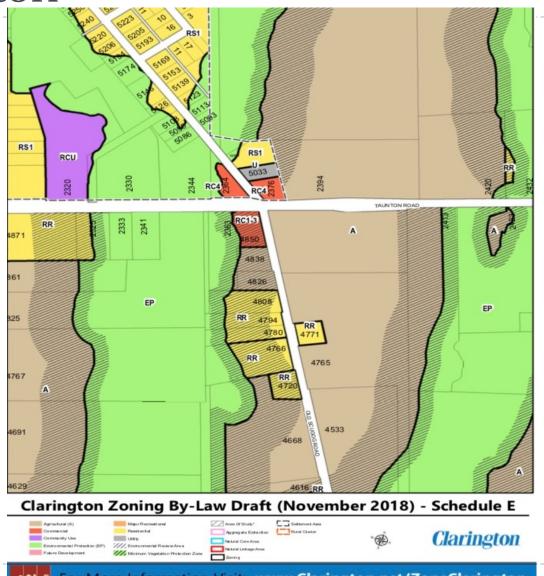


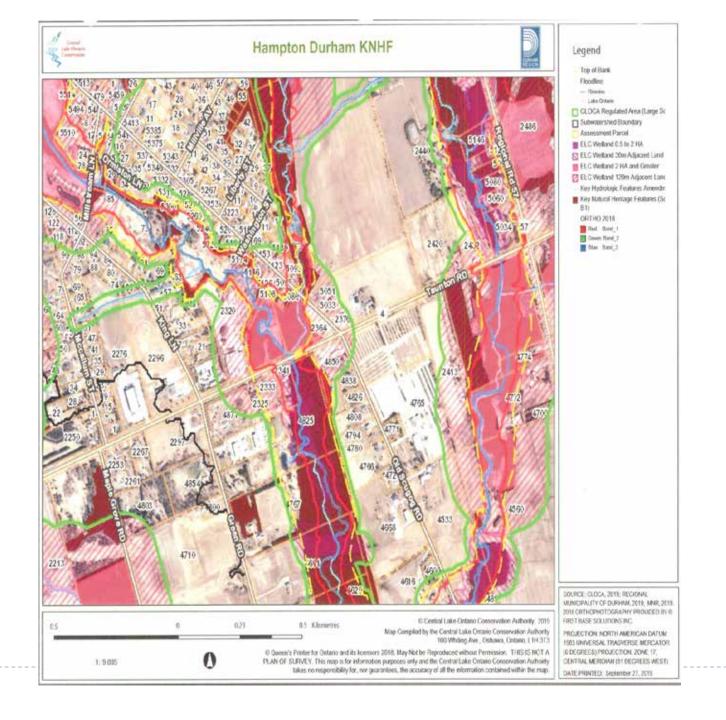
Clarington

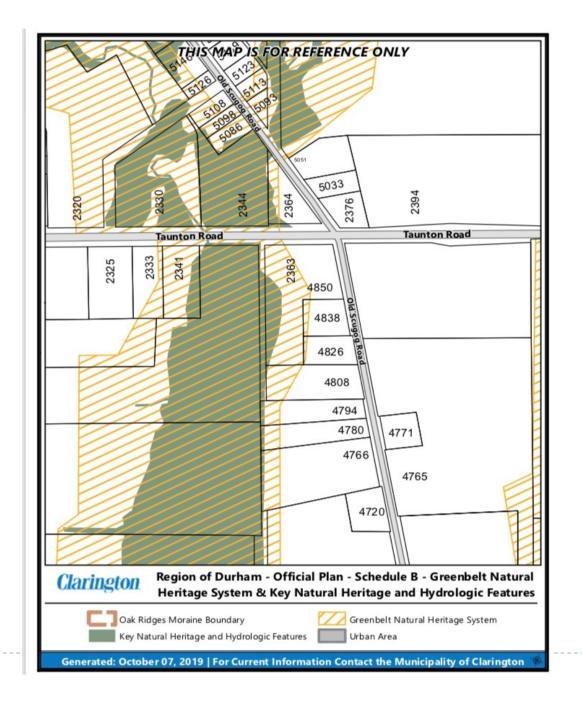
# Hampton

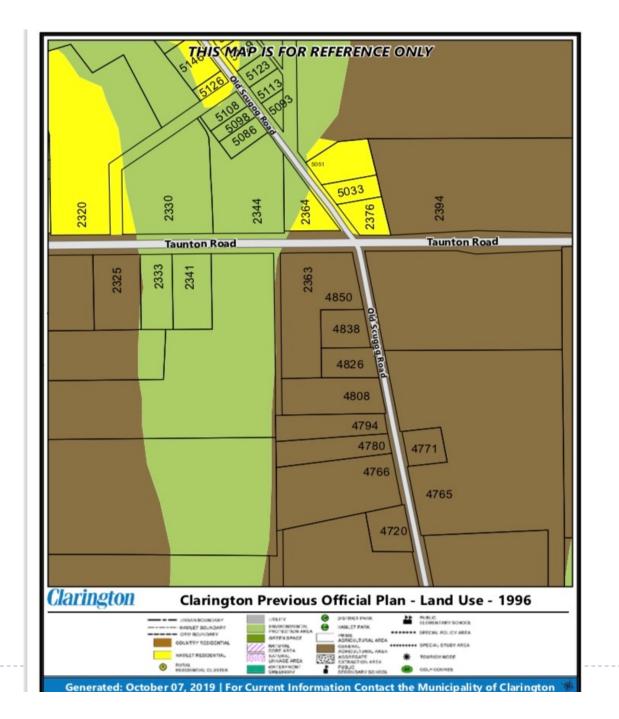


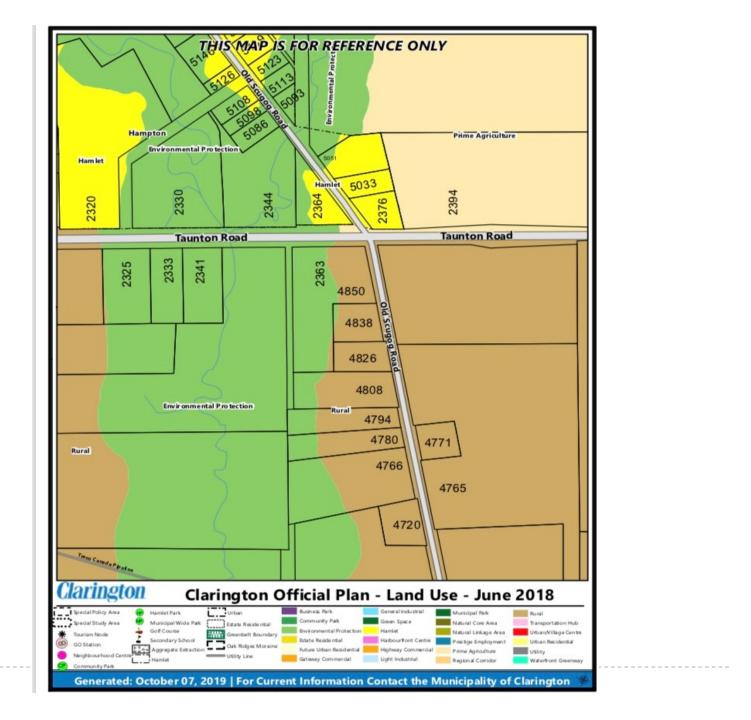
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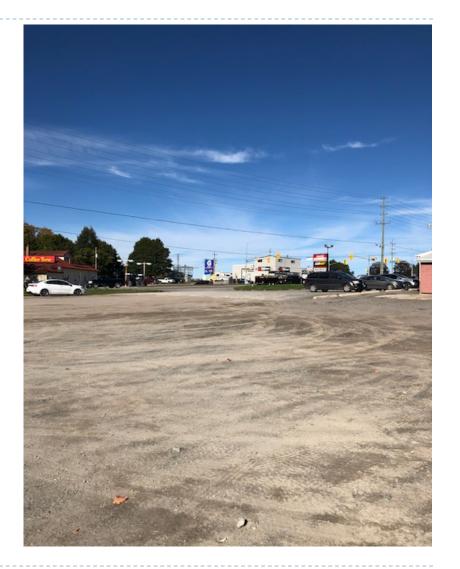






# Hampton Wetlands



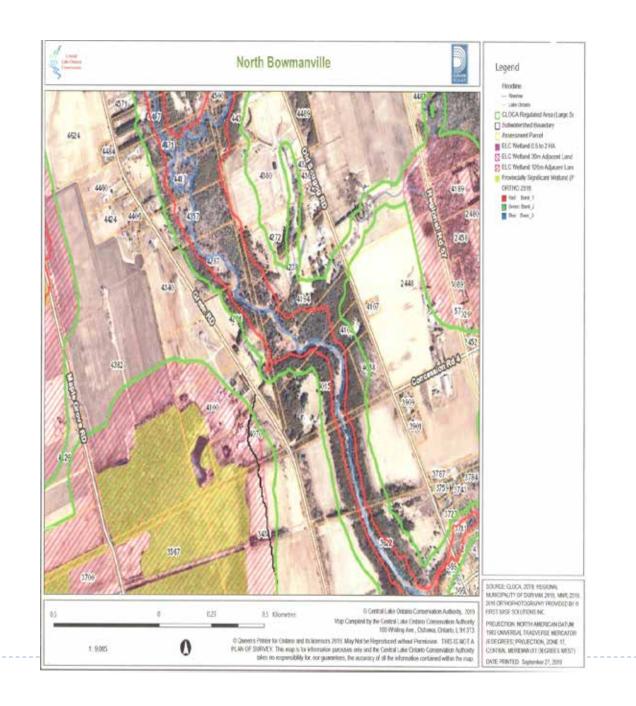




# Hampton







### Complete State Orașia A Commission A Commission

4382

1: 6,000

### North Bowmanville 2



2448





- Top of Bank Flooding
- Rherine Lake Delans
- CLOCA Regulated Area (Large Sc
- Subvertanced Boundary
- Assessment Parcel
- Contour 5m Interval
- Contour Im Interval
- ELC Wedland 0.5 to 2 HA
- SELC Welland 3hm Adjacent Land
- ELC Welland 120m Adjacent Lanc Provincially Significant Welland (P
- ORTHO 2018
- # fed: Sed 5
- Green Rand 7
- Blue Bard 2

0 0.15 0.3 Kilometres O Central Lake Ontonio Consorvation Authority, 2015

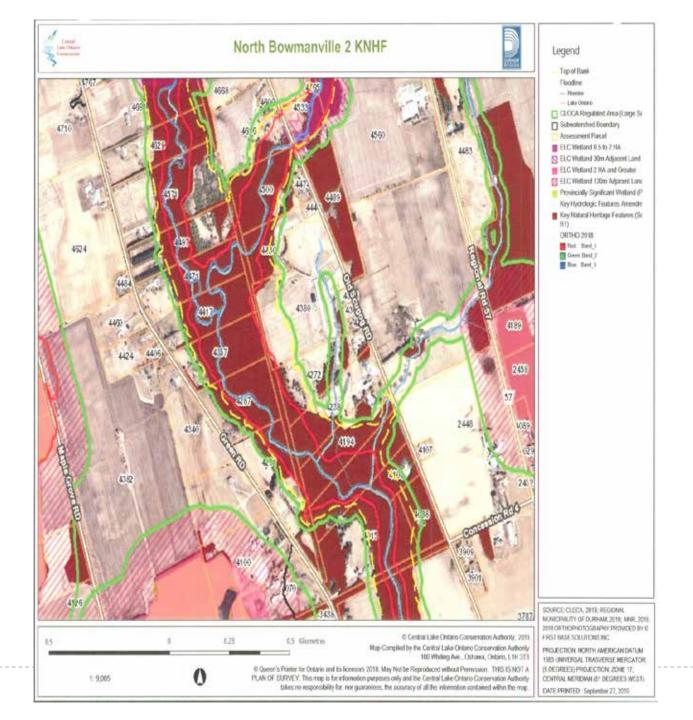
4380

Map Compiled by the Central Luke Critario Conservation Authority
100 Whiting Ave., Ostowa, Critario, L1H 373
Di Quees's Printer for Celario and its licensors 2018. May Not be Reproduced without Fernission. TINS IS NOT A
PLAN OF SURVEY. This map is for information purposes only and the Central Lake Critario Conservation Authority
takes no responsibility for, nor guarantees, the accuracy of all the information continued within the map.

SOURCE CLICA, 2819; REGIONAL MUNICIPALITY OF DURHAM, 2019; MINE 2019; 2019 OFFINISHOTOGRAPHY PROVIDED BY G FRST-BASE SOLUTIONS INC.

PROJECTION HORTH / AMERICAN DATUM 1983 UNIVERSAL TRASVERSE MERICATOR (6 DEGREES) PROJECTION, ZONE 17, CENTRAL MERIDIAN 81 DEGREES WEST) CATE PRINTED: Separable 27, 2019











# 4380 Old Scugog Road Significant Valleylands???





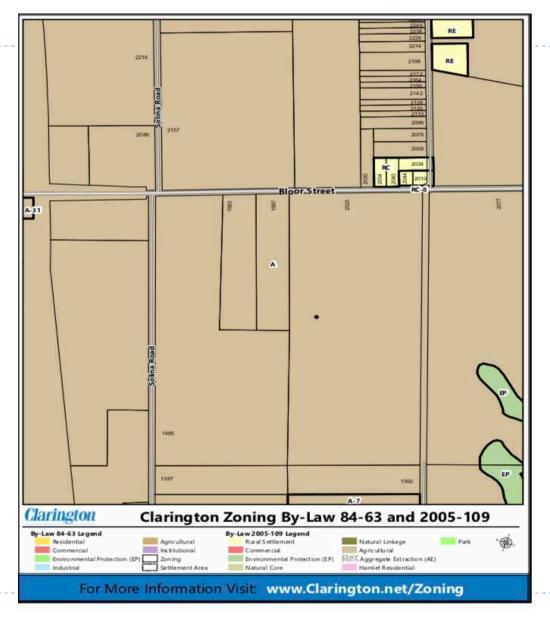


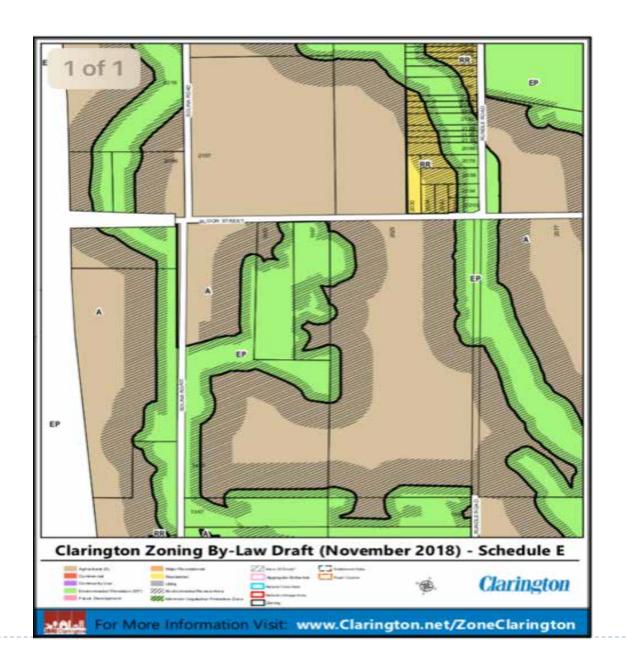
# 4380 Old Scugog Road Valley Lands

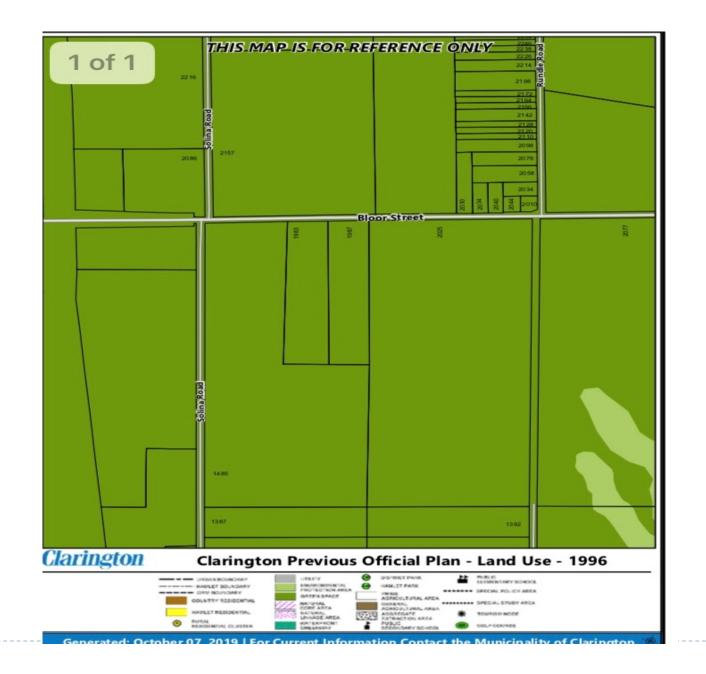


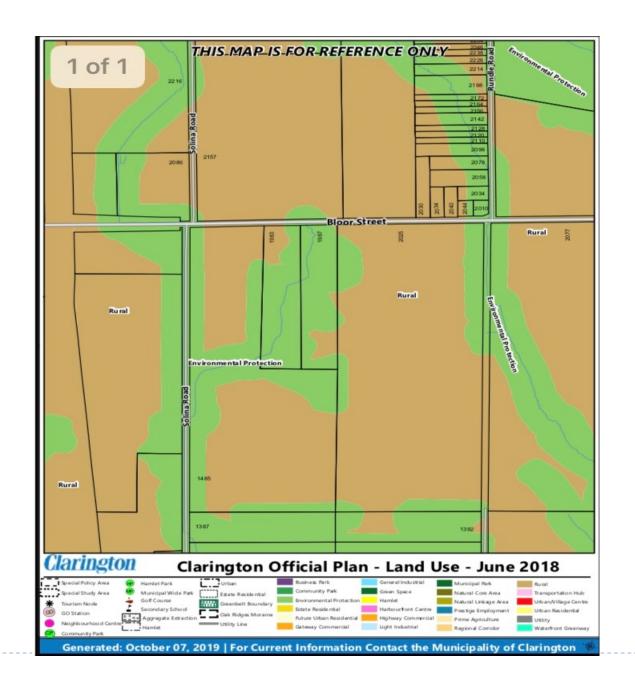


### 1987 Bloor Street

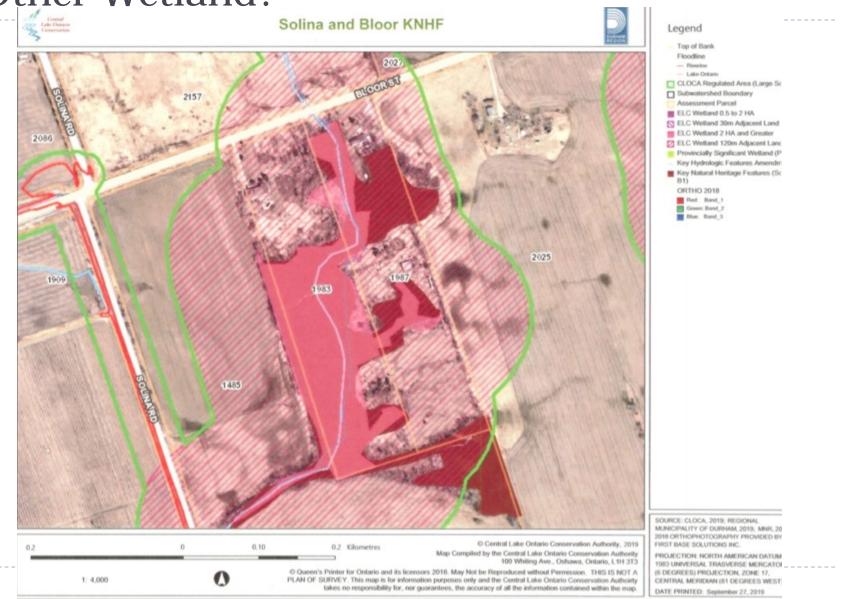


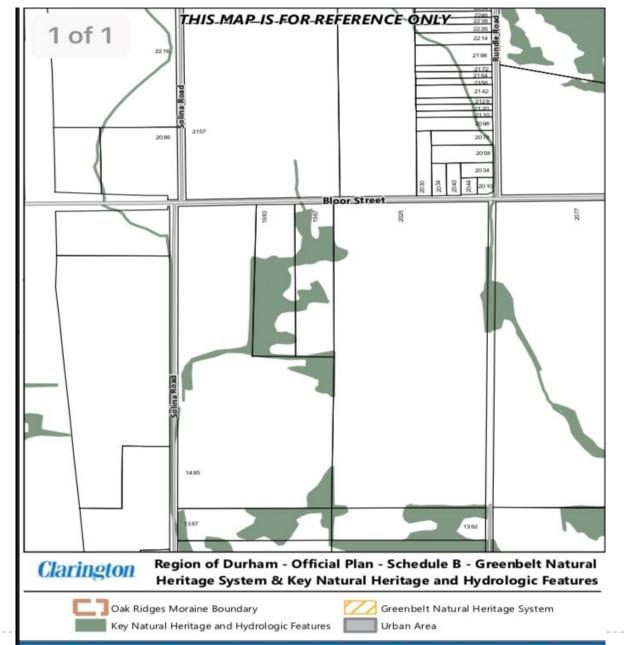




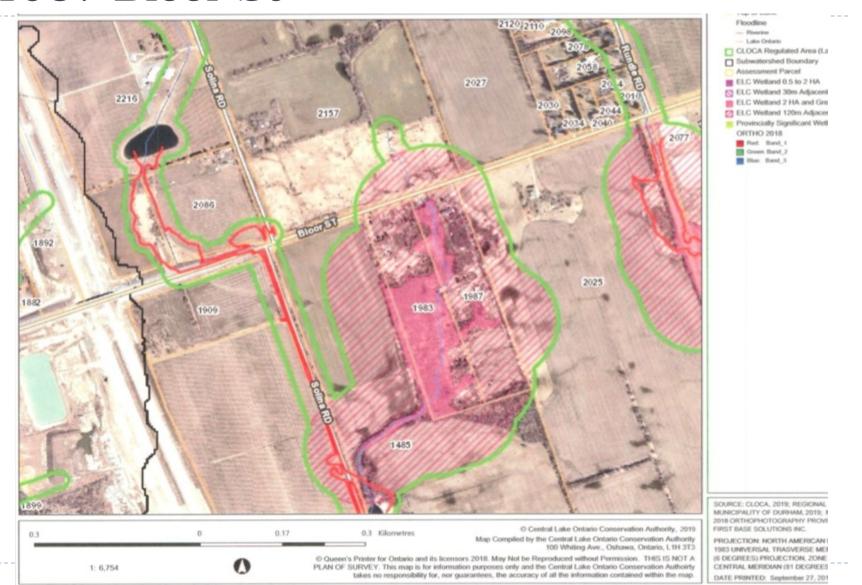


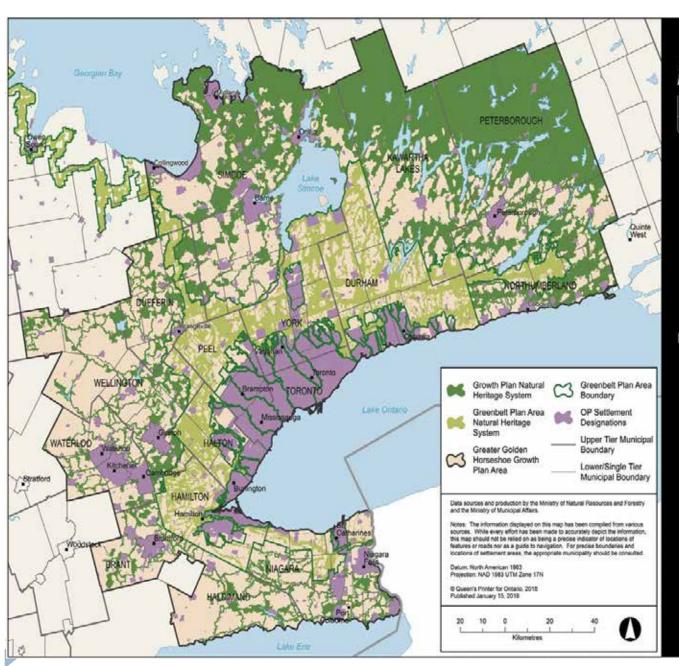
# 1987 Bloor Street Other Wetland?





# 1987 Bloor St







#### PLACES TO GROW

ORDSTH PLAN FOR THE DREATER DOLDEN HORSESHOE, 2017

#### Regional Natural Heritage System

Note: The information displayed on this map is not to scale, does not accurately reflect approved land-use and planning boundaries, and may be out of dist. For more information on procise boundaries, the appropriate municipality should be consulted. For more information on Greenbelt Arias boundaries, the Greenbelt Plan should be consulted. The Province of Ortania assumes no responsibility or liability for any consequences of any use made of this map.

### 3.7 The Natural Heritage System

Policies have been included in the Growth Plan which would require municipalities to incorporate in their Official Plans a natural heritage system that has been identified and mapped by the Province using a Provincial Methodology. This Methodology is not projected to be available until 2018 at the earliest and would only apply to a small amount of land. The Municipality supports the efforts by the province to protect the natural heritage system through the development of a consistent methodological approach however, requests that the methodology be used as a minimum protection for the features. Municipalities and Conservation Authorities should have the ability to further refine and define the areas that need protection. Further, with the Province taking a greater role in defining natural heritage features and, in particular, wetlands and ANSI's, the Municipality should be shielded from the time and expense of defending appeals on these designations.

### Recommendation:

That the Province's policy for the preparation of a natural heritage system protection methodology and mapping be supported as a minimum, however request that there is still flexibility for municipalities and Conversation Authorities to further refine and protect the natural heritage features. It is also requested that appeals to the Ontario Municipal Board not be permitted for areas that are delineated by the Province.

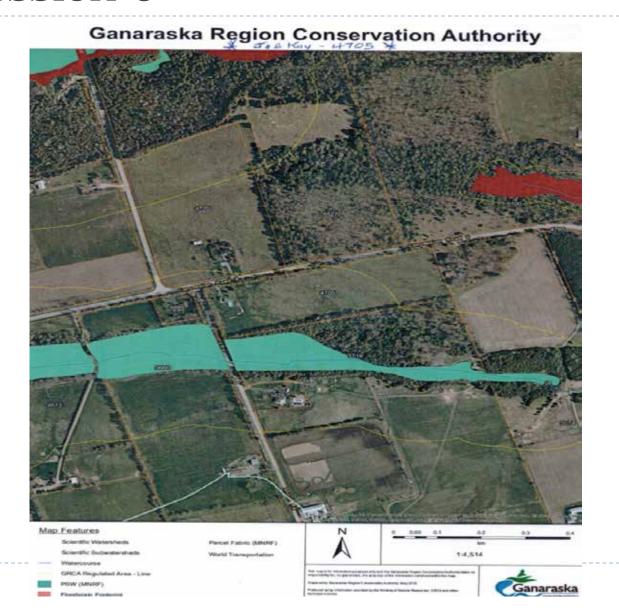


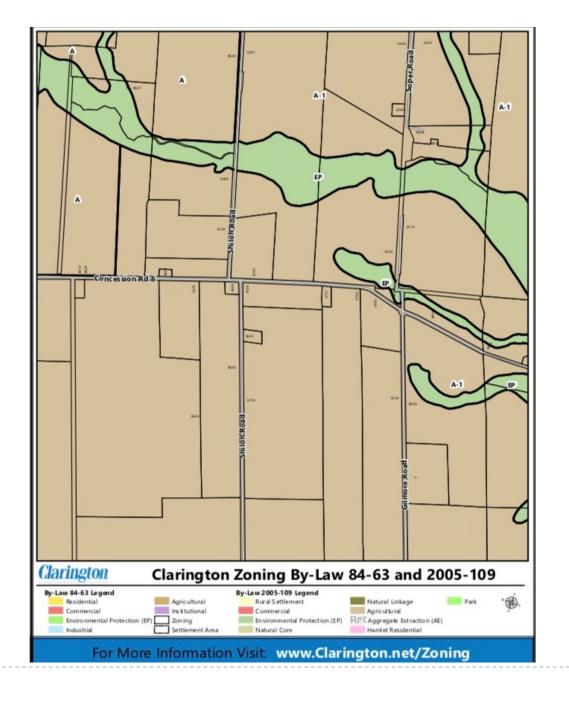
## Concession 6



Institutional Commercial Commercial Agricultural Environmental Protection (EP) Zoning Environmental Protection (EP) SS Aggregate Extraction (AE) Industrial Settlement Area Natural Core Hamlet Residential

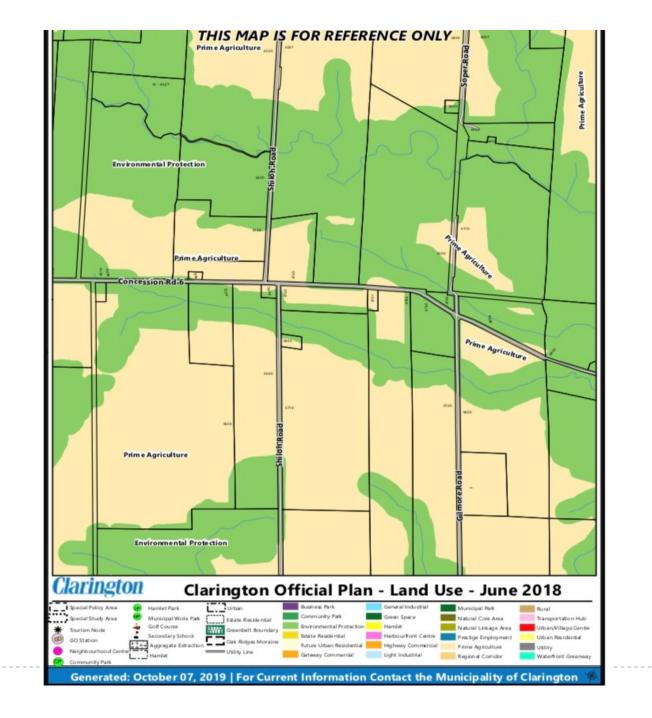
### Concession 6

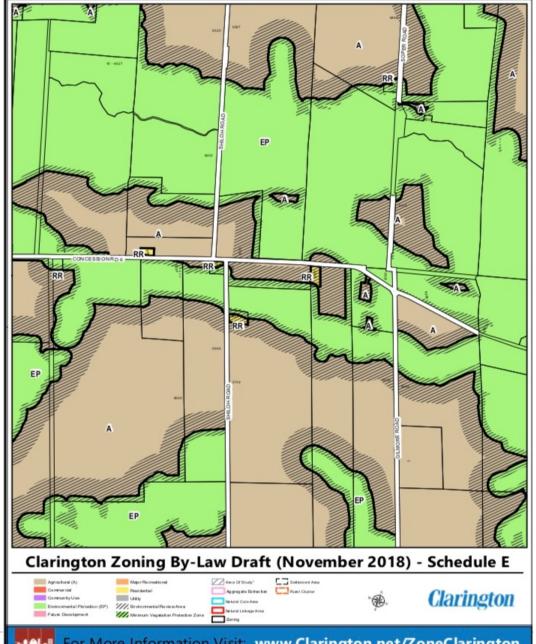


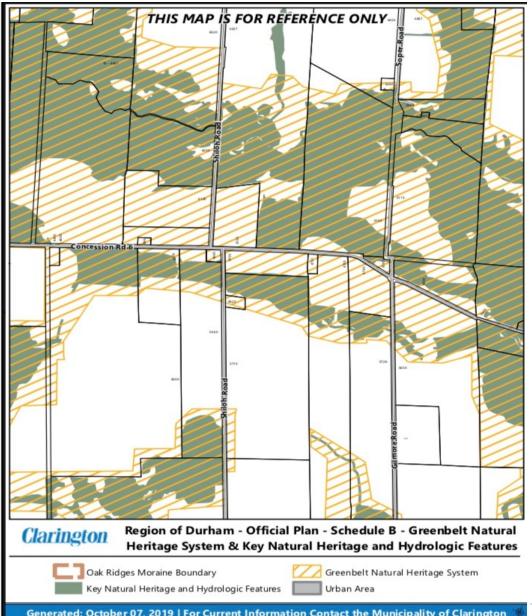


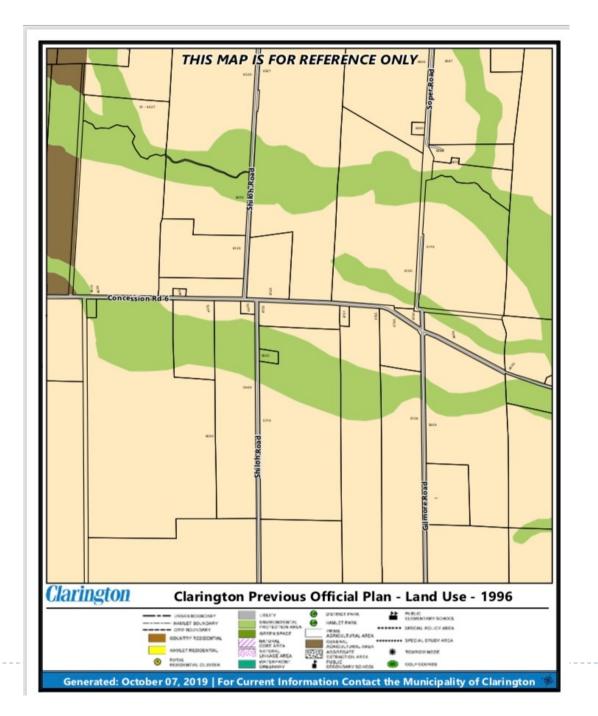
### Concession 6











### Conclusion

- Have we gone too far? Are we supersizing EP land designations?
- What is it we are trying to protect?

